

# Life Group Leader

## **Purpose:**

A life group is a place where we cultivate healthy relationships and spiritual growth. We open our Bibles to learn and we open our lives to love. The purpose of leadership in a life group is to keep the group on track and ensure everyone has the opportunity to grow spiritually.

## **Qualities:**

- Faithful, Intentional, Teachable (FIT)
- A close relationship with Jesus
- Cares about community & spiritual growth
- Attentiveness and empathy
- Clear communicator
- Organized and responsible

## **Responsibilities:**

- Nurture your own relationship with Jesus.
- Attend annual training day (or watch videos, or listen to podcast).
- Attend leadership meetings for ongoing equipping and formation.
- With input from the group, discern what Bible study guide would be the best fit for the group based on where they are at spiritually (see [www.tenth.ca/lgresources](http://www.tenth.ca/lgresources) [password: groups] for options of study guides).
- Update Associate Pastor on what study guides you use.
- Send a weekly reminder to the group with any info they need for the upcoming session, or delegate to someone else in the group.
- Pray for your group, especially leading up to a session.
- Facilitate life group sessions and invite others to do so. This typically involves welcoming everyone, chatting to catch up, an optional icebreaker question, Bible study, and prayer. Sometimes it might include other elements like worship, games, decision making, announcements, etc.
- Bible study facilitation includes praying for God's leading, reading the passage, asking

questions, allowing for silence, paying attention to body language, involving people, active listening, keeping a sense of timing, etc.

- Invite participation from group members, which might include hosting, reading Scripture, praying, leading games, providing snacks, helping with planning or communication, organizing a service project, organizing a retreat, etc.
- Encourage group members to consider taking their own next steps (e.g. getting baptized, serving at church, exploring their spiritual gifts and calling, taking a Tenth Transformation course, taking a Regent course, going to the annual site retreat, etc.)
- Invite / welcome new members to the group.
- Keep Associate Pastor updated with changes to location, time, and group members.
- Meet with Associate Pastor if any problems arise in the group.
- Tell Associate Pastor if anyone in the group is suicidal (or first call 911 if urgent) or harming themselves, or if there is information of someone else being harmed.
- As time and energy permit, connect with group members between sessions, especially if someone is new to the faith or someone is going through a hard time. This could be delegated to others too.
- Practice self-care and avoid burnout. Do all in the power of the Spirit, not just your own strength. Take a break when you need it and keep the Associate Pastor informed with how you and the group are doing.
- Ideally eventually identify someone in the group with leadership potential and invite them to become your apprentice leader.
- Update the Associate Pastor about the apprentice leader because they will need to meet as well.
- Once your apprentice leader is ready there are 3 options: (1) pass off leadership of the group to your apprentice, (2) send your apprentice off to start a new group, (3) multiply your group into 2 groups, one lead by you and the other by your apprentice.