

Life Group Leader

Purpose of a Life Group:

A life group is a community of people committed to one another for the sake of discovering Jesus and becoming like him. It's a place where we cultivate healthy relationships and spiritual growth.

Purpose of a Life Group Leader:

The purpose of leadership in a life group is to keep the group on track and ensure everyone has the opportunity to grow spiritually.

A Life Group Leader is someone who:

1. Cares about community & spiritual growth
2. Has a close relationship with Jesus
3. Seeks to be attentive and empathetic to others
4. Can communicate clearly

What are my Responsibilities?

1. Discern with your group what resource (Bible study guide, book study, video study, sermon discussion guide) to use. See tenth.ca/lgresources. Talk to your pastor for ideas.
2. Send a weekly reminder to the group with any info they need for the upcoming session, or delegate this task to someone else in the group.
3. Facilitate the Life Group sessions (as well as inviting others to do so). This typically involves welcoming everyone, chatting to catch up, an optional icebreaker question, Bible study, and prayer. It could include optional elements like worship, games, decision making, etc.
4. Invite participation from group members, which might include hosting, reading Scripture, praying, leading games, providing snacks, helping with planning or communication, organizing a service project, organizing a retreat, etc.

- 5.** Connect with group members between sessions (if time permits), especially if someone is new to the faith or going through a hard time. This could be delegated to others in the group too.
- 6.** Practice self-care and avoid burnout. Do all in the power of the Spirit, not just your own strength. Take a break when you need it.
- 7.** Nurture your own relationship with Jesus.
- 8.** Pray for your group, especially leading up to a session.
- 9.** Meet with a pastor if any issues arise in the group.
- 10.** Keep your pastor updated on any changes with the group.

Life Group Leader training videos are available at tenth.ca/lgresources.