

Recommended Counsellors

As a community, we affirm counselling and medicine as well as the authority of healing prayer. Counsellors can help people with physical, emotional and mental health issues improve their sense of well-being, as well as alleviate feelings of stress and anxiety. The following are a few Counsellors that we would recommend to you.

Andrea Yeung

info@andrealaurenyoung.com

Burnaby Counselling Group

<https://counsellinggroup.org/>

Anne Shannon

therapy@anneshannon.com

SOMA Counselling Group

<https://somacounselling.com/>

Esther Chow

esther@estherchow.ca

Jessica Buxbaum

<http://www.upliftcounselling.ca/>

Jeff Hayashi

jkhayashi@shaw.ca

Creative Solutions Counselling

<https://creativesolutionscounselling.com/>