

# Recommended Programs

## Free Programs:

### **Bible Project**

<https://bibleproject.com/classroom/>

### **Sanctuary Course**

<https://sanctuarymentalhealth.org/sanctuary-course/>

### **Reframe Course**

<https://www.reframecourse.com/>

## Paid Programs:

### **Soul Stream: Living from the Heart**

<https://soulstream.org/living-from-the-heart-course/>

### **Regent College**

<https://www.regent-college.edu/>

### **Carey Theological College**

<https://carey-edu.ca/>

