

UBC Pt Grey Resources

YOUVERSION

www.bible.com

Bible Reading Plans

biblestudytogether.com/top-best-bible-reading-plans

The Bible Project

bibleproject.com

Centering Prayer App

apps.apple.com/ca/app/centering-prayer/id844280857

Prayer Styles

www.unleashthegospel.org/2020/01/whats-the-right-prayer-style-for-you

Personality Type Survey

www.humanmetrics.com/personality

Spiritual Gifts Survey

gifts.churchgrowth.org

The Power of Gratitude (Videos)

positivepsychology.com/gratitude-ted-talks-videos

A 7 Day Guide to Gratitude

<http://dianabutlerbass.com/wp-content/uploads/7-day-guide.pdf>